



Olds Figure Skating Club - Program Information for 2009/2010

Welcome to a great season of skating! This club is not for profit organization, managed and operated by parent volunteers, and is affiliated with the national organization, Skate Canada. The purpose of our club is to encourage the instruction, practice, enjoyment and advancement of its members in all aspects of skating and thereby to promote physical fitness and encourage lifelong participation in skating. Every effort is made to keep our members informed by means of monthly newsletters, bulletin board displays, general meetings, web site etc. However, this is your club and we need your help to make it successful! If you or your children have any concerns questions, or suggestions please contact an executive member. Your input is valuable! Together, we can make skating positive experience for your child!

Executive 2009- 2010

Here is the key slate of officers. There are many other volunteers serving as Committee Chairs

President	Leah Jones	403 438-0254
Vice President	Lisa Land	403 586-0325
Secretary	Shannon Powell	403 556-8518
Treasurer	Colleen Gillam	403 586-0422

PreCanskate Ages 4 and Up

PreCanskate is the introductory level of the CanSkate program. Instruction is done in groups, with professional coaches and program assistants on the ice. PreCanskate is mix of fun and play on the ice through games and creative exercises. Parent assistance is not required on the ice. It is important that skaters learn to rely on the instructors and their own resources immediately as this will speed up the learning process. Any skaters showing advanced capability will be moved to the Canskate program within the first week. After the first week, no transfers will occur until the winter session begins. A helmet is required. Full face mask recommended.

Recommended for ages 4 and up by October 31, 2009.

Days: Mondays/ Wednesdays

Time: 4:00 p.m. to 4:30 p.m.

Fall Session: October 19, 2009 to December 16, 2009

Winter Session: January 11, 2010 to March 24, 2010

Skate a Thon Sunday November 1, 2009

Skate with Santa Wednesday December 16, 2009

Carnival Sunday March 21, 2010

Family Skate & AGM Monday March 24, 2010

NO ICE /SKATING

November 11, February 1 & 3

Fees: Mondays & Wednesdays (2 days/week or 1 day /week)

1 day /week Full Session \$160

1 day/ week Fall or Winter Only \$90

2 days/week Full Session \$250

2 days/week Fall or Winter Only \$130

PLUS

Full Session Volunteer Hours 15

Half Session Volunteer Hours 10

Volunteer /fundraising commitment payout \$300 for Full Session, \$200 for Half Session

Location: Main Ice

Canskate Ages 5 and older

This program is the learn to skate program for beginners of all ages and as such is tailored to each user group (e.g. preschool, youth, adult). Participants earn badges while they learn fundamental skating skills. CanSkate is the feeder program to all other Skate Canada Skating Programs. Participants are taught in group lesson format by certified CanSkate coach and carefully trained Program Assistant. One of the key delivery standards of the CanSkate program is to ensure that participants are moving 90% of their time on the ice.

The Canskate program is structured in grid format, consisting of the development of six fundamental movements: GO forward, GO backwards, STOP, TURN, SPIN and JUMP organized in six stages of learning, with an optional 7th level for skaters wishing to progress into figure skating. The skills are arranged in progressions, from very simple to the more complex. Progress reports and badges are awarded in December and March. Helmet is required.

Days: Mondays / Wednesdays

Time: 4:00 p.m. to 4:45 p.m.

Fall Session: October 19, 2009 to December 16, 2009

Winter Session: January 11, 2010 to March 24, 2010

Skate a Thon Sunday November 1, 2009

Skate with Santa Wednesday December 16, 2009

Carnival Sunday March 21, 2010

Family Skate & AGM Monday March 24, 2010

NO ICE /SKATING

November 11, February 1 & 3

Fees: Mondays & Wednesdays 2 days/week or 1 day /week

1 day /week Full Session \$205

1 day/ week Fall or Winter Only \$125

2 days/week Full Session \$300

2 days/ week Fall or Winter Only \$160

PLUS

Full Session Volunteer Hours 15

Half Session Volunteer Hours 10

Volunteer /fundraising commitment payout \$300 for Full Session, \$200 for Half Session

Location: Main Ice

Canskate Plus /Group Test

This program is delivered in a group lesson and introduces skaters to the fundamentals of Starskate program. Figure skating tasks performed with speed, strength, endurance and agility are the main focus in this program. Each class consists of 15 min. supervised warm up period (known as stroking), 30-minute group lesson with professional coach, and 15 minutes of unsupervised practice with the Junior Starskate program. Participants must have passed Level 5 or higher of the Canskate Program.

Days: Mondays and Wednesdays

Time: TBD Supervised practice

TBD Group Lesson

TBD Unsupervised Practice (provides option of booking private or semiprivate lesson with coach)

Fall & Winter Session:

Fall Session: October 19, 2009 to December 16, 2009

Winter Session: January 11, 2010 to March 24, 2010

Skate a Thon Sunday November 1, 2009

Skate with Santa Wednesday December 16, 2009

Carnival Sunday March 21, 2010

Family Skate & AGM Monday March 24, 2010
NO ICE /SKATING
November 11, February 1 & 3

Fees: \$500 plus 15 hours volunteer/fundraising commitment
Volunteer /fundraising commitment payout \$300

Location: Auxiliary

STARSkate Private Lessons

This program offers opportunities for skaters to develop basic skating skills in four different areas with the option of taking Skate Canada tests while earning awards and incentives designed for this group of skaters. Figure Skating skills are taught in private or semiprivate lesson format in the following areas: Interpretive, Dance, Free Skating and Skating Skills, which are grouped into three levels: Primary, Intermediate and Senior.

Days: Monday, Wednesday, Thursday
Time: Mondays TBD
Wednesdays TBD
Thursdays TBD

Fall & Winter Session: September 9, 2009 to April 15, 2009

Basic Ice Package includes stroking, flood time, Talent Night & Carnival Dress Rehearsal ice.

Fees:

1 ó 2 hours/week \$400 + Volunteer hours or payout
3 ó 4 hours/week \$600 + Volunteer hours or payout
5 ó 6 hours /week \$800+ Volunteer hours or payout

PLUS

Volunteer hour commitment 20 hours
Volunteer /fundraising commitment payout \$300

Coaches will bill for individual lessons directly to the skater.

Location: Auxiliary Ice

Volunteer Commitment – All Programs

The OFSC uses a volunteer credit program in order to help defray the cost of our expenditures and to maintain the quality of our program. We genuinely appreciate the time and work so many parents and members contribute to the Olds Figure Skating Club. We have loyal and dedicated core of families, who serve on the Executive, coordinate our test sessions, Fundraise, and plan and execute our skating events. During the 2007/2008 year, we formalized volunteer commitment for every family that is member of the Olds Figure Skating Club. We are continuing we this program for 2009/2010season.

The amount of volunteer commitment varies depending on the program. Please refer to each program above for volunteer commitment details. For families more than one family member in OFSC, full volunteer commitment is only required for the skater with the highest program cost.

This year OFSC has the following options available for fulfilling volunteer commitments:

Payout full amount of fundraising requirement.

Sign up for variety of club events, fundraising activities, and executive positions.

A bond cheque dated May 1/10 is required for volunteer commitments at an amount of \$20/volunteer hour. When you fulfill your volunteer commitments, the bond cheque will be destroyed.

We require volunteer hours for fundraising and to coordinate special events throughout the skating season. To keep costs as low as possible fundraising is necessary reality. Program fees cover~ 50% of the actual cost. Special events give the skaters chance to celebrate their accomplishments (ie. Halloween skate party Christmas party) and chances to perform what they've learned (ie. Talent Night and Carnival). Without the help from volunteers, we would not be able to hold these events.

Volunteer Commitment Accounts

OFSC members can build up additional funds in their Volunteer Commitment account to help offset ice and program costs. Skaters may accumulate and carry forward balance in their Volunteer account from year to year in excess of their annual required fundraising. Skaters with funds in their accounts above their required amount, may use these funds to offset costs of club expenses such as program fees, ice fees, test fees and group costume/apparel orders. Skaters who leave OFSC with balance in their Volunteer account will not receive these funds as payout, these funds will go to general OFSC operation funds.

Drop Box – OFSC

The Olds Figure Skating Club has locked drop box located **downstairs** in the Arena across from the Arena Town office. This box can be used for comments or concerns, dropping off registration forms/payments and any other communications that may come up throughout the year.

Bulletin Boards and Newsletters

Please check the OFSC bulletin board located downstairs in the arena for club news. Information and notices pertaining to STARSSkate Skaters is also posted on the bulletin board in the Auxiliary Ice viewing area upstairs. Newsletters are sent home each month to keep parents informed of club news and activities. Please check your child's skating bag!

Olds Figure Skating Club Website

All of the above information and more (including registration forms) is available on our website at www.oldsfigureskatingclub.com.

OFSC Refund Policies & Late Fees

Group Programs (PreCanskate, Canskate and Canskate Plus)

All group programs are entitled to two-week trial period. If skaters withdraw during this period they are eligible for full refund less \$45.00 administration fee. If half-year session skaters withdraw after this period there is no refund. Skaters who are registered for full year group program will be refunded the difference between full year fee and the half-year session fee if they withdraw prior to the start of the winter session. Skaters who decide to withdraw may email their request to oldsskate@hotmail.com or leave written request in the O.F.S.C. drop box at the arena.

STARSSkate Programs

Skaters are eligible for refund on half-year basis only up to December 31st of each year. Refunds will be half the fee less the \$45.00 administration fee. Fundraising requirements are to be fulfilled as per half-year session. Skaters who decide to withdraw may email their request to oldsskate@hotmail.com or leave written request in the O.F.S.C. drop box at the arena.

Late Fees

PLEASE NOTE: Registration forms not received by the following deadlines are subject to \$50.00 late fee.

Starskate programs deadline: September 18, 2009

Canskate programs deadline September 30, 2009

Full fees and fundraising must be included with the application.

Registration forms that are not completed on Registration day must be left in the O.F.S.C. Drop box before the dates above.

Please make cheques payable to: Olds Figure Skating Club or O.F.S.C.

Non-Member Ice Fees (formerly known as Pick Up Ice)

Package of 1 hour per week, for Monday, Wednesday or Thursday ice only from October 1st to March 31st for a flat fee of \$500. No volunteer hours required. However, must be a member in good standing with

another Skate Canada affiliated club.

Non-member ice privileges are for Monday, Wednesday and Thursday ice times only and at times that are appropriate for their skating level. E.g. Senior level skater skates at Senior level ice times.

Registration form along with payment in full must be received before ice privileges will be granted for Non- Member skaters. This is for the StarSkate program only.